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# Restful Me. The Great State of Maine Roadside Rest Areas

Maine Department of Economic Development

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**MAINE ROADSIDE REST AREAS** built and maintained by the Maine State Highway Commission are also indicated on the *Official Highway Map* of Maine. The approximate locations are indicated by the symbol ▲.
Also shown on the map are approximate locations of campsites and lunchgrounds, in the Forestry District, under supervision of the Maine Forest Service. These are shown by the symbols ▲ and ∧. Further details about these are given in the booklet *"Forest Campsites"*.

## PUBLICATIONS AND INFORMATION SOURCES

**Publications Mentioned in This Folder:**

*Official Maine Highway Map*
Maine State Highway Commission
State Office Building, Augusta, Maine 04330

*Forest Campsites* -- Maine Forest Service
State Office Building, Augusta, Maine 04330

**Other Information and Publications about Maine:**

Maine Department of Economic Development
State Office Building, Augusta, Maine 04330

Maine Publicity Bureau
78 Gateway Circle, Portland, Maine 04102

State of Maine Information Center
48 Rockefeller Plaza, New York City, N. Y. 10020

State of Maine Information Center
Laurentien Hotel, Dominion, Montreal, Canada

**Other Information Centers:**

Jct. of U. S. Rt. 1 & Me. Turnpike, Kittery, Maine

Bass Park, Bangor, Maine

U. S. Rt. 302, Fryeburg, Maine (summer only)

Maine Turnpike, North
Cumberland, Maine (summer only)

Internat'l Bridge, Calais, Maine (summer only)

All Local Chamber of Commerce Offices

## MAINE ROADSIDE REST AREAS

Greetings:

The Maine State Highway Commission invites you to use the roadside rest areas that are conveniently located along major highways throughout the state.

Each area is marked with a large brown and yellow "Rest Area" sign at the site and an advance warning sign to let you know a rest stop is just ahead. The rest areas are equipped with tables and litter barrels as well as other facilities for your pleasure and comfort.

Maine is proud of its natural scenery from the rugged coast to the beautiful lakes and mountains. Please help keep Maine beautiful by using litter bags in your car and the litter barrels provided in the rest areas and turnouts.

It is our sincere wish that you enjoy using the roadside rest areas and Maine highways. Enjoy your trip, and visit with us often in the future.

David H. Stevens, Chairman
State Highway Commission

**THIS VACATION PLANNER** indicates the locations of Highway Rest Areas by listing the routes and towns where these are to be found. Also listed are the number of picnic tables at each site. We trust this will be helpful in planning your travels in Maine.

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One in a series of Vacation Planners programmed by the Maine Department of Economic Development, available from 78 Gateway Circle, Portland, Maine 04102. Prospective visitors to Maine are interested in the "facts", and these brochures are designed with this in mind. We would appreciate receiving your comments.

Please write:
Maine Department of Economic Development
State Office Building, Augusta, Maine 04330

**published by**
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**State House, Augusta, Maine 04330**

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# Restful Me.

## The Great State of Maine
## *Roadside Rest Areas*

JA 15 '70

# MAINE ROADSIDE REST AREAS

## WHERE TO FIND THEM

| LOCATION | TABLES |
|---|---|
| **U. S. ROUTE 1** | |
| Kittery | 10 |
| York | 8 |
| York | 8 |
| Kennebunk | 12 |
| Saco | 14 |
| Freeport | 15 |
| West Bath (northbound) | 12 |
| West Bath (southbound) | 12 |
| Newcastle | 16 |
| Damariscotta | 9 |
| Waldoboro | 11 |
| Rockport | 17 |
| Northport | 6 |
| Verona | 10 |
| Ellsworth | 8 |
| Sullivan | 6 |
| Milbridge | 4 |
| Jonesboro | 4 |
| Whiting | 5 |
| Edmunds | 6 |
| Perry | 6 |
| Calais | 11 |
| Weston | 3 |
| Orient | 4 |
| Littleton | 4 |
| Westfield | 4 |
| Cyr | 8 |
| Van Buren | 3 |
| Madawaska | 6 |
| Fort Kent | 6 |
| **U. S. ROUTE 1A** | |
| Hampden | 11 |
| Ellsworth | 6 |
| Mars Hill | 3 |
| **U. S. ROUTE 2** | |
| Gilead | 5 |
| Bethel | 12 |
| Rumford | 9 |

| LOCATION | TABLES |
|---|---|
| **U. S. ROUTE 2 (Continued)** | |
| Dixfield | 14 |
| Wilton | 9 |
| Farmington | 6 |
| Skowhegan | 11 |
| Skowhegan | 4 |
| Pittsfield | 7 |
| Carmel | 9 |
| Greenbush | 5 |
| Lincoln | 8 |
| Mattawamkeag | 6 |
| Macwahoc | 4 |
| Township 1 Range 5 | 6 |
| Dyer Brook | 5 |
| **U. S. ROUTE 2A** | |
| Forkstown (T3-R2) | 10 |
| **ROUTE 3** | |
| Vassalboro | 14 |
| Verona | 10 |
| Ellsworth | 6 |
| **ROUTE 4** | |
| North Berwick | 4 |
| Alfred | 3 |
| Gorham | 4 |
| New Gloucester | 4 |
| Auburn | 16 |
| Turner | 6 |
| Livermore | 5 |
| Jay | 6 |
| Avon | 6 |
| Madrid | 21 |
| **ROUTE 5** | |
| Waterboro | 9 |
| Baldwin | 8 |
| Brownfield | 4 |
| Stoneham | 3 |

| LOCATION | TABLES |
|---|---|
| **ROUTE 6** | |
| Codyville Plt. | 3 |
| Topsfield | 4 |
| Sebec | 8 |
| Guilford | 5 |
| Greenville | 10 |
| Sandy Bay Twp. (T5-R3) | 5 |
| **ROUTE 9** | |
| Wells | 4 |
| Clifton | 6 |
| Devereaux (T29 MD) | 6 |
| Township 31 Middle Div. | 5 |
| Crawford | 4 |
| Baileyville | 4 |
| **ROUTE 11** | |
| Limington | 4 |
| Mechanic Falls | 6 |
| Poland | 5 |
| Brownville | 6 |
| Township 4 Indian Purch. | 3 |
| Township A Range 7 | 6 |
| Grindstone (T1-R7) | 3 |
| Grindstone (T1-R7) | 5 |
| Hersey | 3 |
| Township 7 Range 5 | 5 |
| Township 8 Range 5 | 4 |
| Township 9 Range 5 | 3 |
| Township 15 Range 6 | 6 |
| **ROUTE 15** | |
| Corinth | 5 |
| Greenville | 10 |
| **ROUTE 16** | |
| Lower Cupsuptic (T4-R3) | 3 |
| Kingsbury Plt. | 11 |
| Guilford | 5 |
| Sebec | 8 |
| Alton | 5 |
| **ROUTE 17** | |
| Coopers Mills (Whitefield) | 4 |
| Readfield | 4 |
| Fayette | 3 |
| Roxbury | 4 |
| Byron | 6 |
| **ROUTE 23** | |
| Dexter | 4 |
| Sangerville | 5 |
| **ROUTE 24** | |
| Harpswell | 10 |

| LOCATION | TABLES |
|---|---|
| **ROUTE 25** | |
| Porter | 4 |
| Kezar Falls (Parsonsfield) | 12 |
| Limington | 7 |
| **ROUTE 26** | |
| Gray | 4 |
| Poland | 5 |
| Oxford | 7 |
| West Paris | 11 |
| Greenwood | 8 |
| Upton | 4 |
| **ROUTE 27** | |
| Boothbay | 4 |
| Edgecomb | 3 |
| New Vineyard | 6 |
| Alder Stream (T2-R5) | 6 |
| **ROUTE 32** | |
| Waldoboro | 11 |
| Coopers Mills (Whitefield) | 4 |
| **ROUTE 35** | |
| Standish | 4 |
| Standish | 6 |
| Waterford | 3 |
| **INTERSTATE 95** | |
| Augusta (northbound) | 14 |
| Pittsfield (northbound) | 14 |
| Hampden (northbound) | 12 |
| Old Town (northbound) | 10 |
| Old Town (southbound) | 10 |
| Hampden (southbound) | 12 |
| Pittsfield (southbound) | 14 |
| Sidney (southbound) | 12 |
| **ROUTE 96** | |
| Boothbay | 3 |
| **ROUTE 98** | |
| Saco | 14 |
| **ROUTE 100** | |
| Pittsfield | 5 |
| Palmyra | 5 |
| **ROUTE 109** | |
| Sanford | 4 |
| **ROUTE 113** | |
| Baldwin | 8 |
| Brownfield | 4 |

| LOCATION | TABLES |
|---|---|
| **ROUTE 114** | |
| Scarboro | 5 |
| Standish | 4 |
| **ROUTE 117** | |
| Hiram | 3 |
| Otisfield | 10 |
| Norway | 4 |
| **ROUTE 118** | |
| Waterford | 3 |
| Norway | 2 |
| **ROUTE 120** | |
| Andover | 15 |
| **ROUTE 121** | |
| Poland | 5 |
| **ROUTE 130** | |
| Bristol | 4 |
| **ROUTE 133** | |
| Winthrop | 5 |
| **ROUTE 137** | |
| Oakland | 3 |
| **ROUTE 140** | |
| Canton | 4 |
| **ROUTE 150** | |
| Athens | 12 |
| **ROUTE 156** | |
| Perkins Township | 3 |
| **ROUTE 157** | |
| Township A Range 7 | 6 |
| **ROUTE 161** | |
| Township 16 Range 4 | 9 |
| Township 16 Range 4 | 6 |
| **ROUTE 165** | |
| Fort Fairfield | 14 |
| Hamlin | 6 |
| **ROUTE 172** | |
| Blue Hill | 4 |
| **ROUTE 175** | |
| Sedgwick | 2 |
| Penobscot | 4 |

| LOCATION | TABLES |
|---|---|
| **ROUTE 179** | |
| Mariaville | 2 |
| **ROUTE 182** | |
| Township 10 South Div. | 12 |
| **ROUTE 190** | |
| Eastport | 4 |
| **ROUTE 196** | |
| Topsham | 4 |
| **U. S. ROUTE 201** | |
| Bowdoin | 5 |
| Gardiner | 5 |
| Vassalboro | 7 |
| Fairfield | 6 |
| Bingham | 12 |
| Moscow | 9 |
| The Forks Plantation | 5 |
| Johnson Mtn. Township (T2-R6) | 4 |
| Jackman | 3 |
| Sandy Bay Township (T5-R3) | 5 |
| **U. S. ROUTE 201A** | |
| Norridgewock | 4 |
| **U. S. ROUTE 202** | |
| Lebanon | 10 |
| Alfred | 6 |
| Gorham | 4 |
| New Gloucester | 7 |
| Monmouth | 4 |
| Winthrop | 8 |
| Vassalboro | 14 |
| Dixmont | 6 |
| **ROUTE 219** | |
| Hartford | 4 |
| **U. S. ROUTE 302** | |
| Windham | 8 |
| Raymond | 8 |
| Naples | 5 |
| Bridgton | 3 |
| Fryeburg | 8 |

**UNNUMBERED ROUTES**

Farmington — 1.3 miles off Route 43 on Mosher Hill

Eustis — 2 miles off Route 27 on Eustis Ridge